

## CAFOD's "Hungry for Change" resources

include a wealth of resources including videos, posters, a quiz, and activities for children which could be used at OWW events focusing on food and hunger issues.

Find them here:

### Videos

To help you find what you need here is a short guide to some of them

The first two explore how food is produced and reaches consumers. It contains links that go into more detail in separate videos which you can opt into as you watch the video. Alternatively, or you can watch them separately by clicking on the URL (web addresses listed below). Timings are added so you can plan a programme.

Hungry for Change – short version (2 mins. 48 secs.)

<http://www.youtube.com/watch?v=ENqRz1-GRsA>

Hungry for Change - Main video: (4 mins, 53 secs.)

<http://www.youtube.com/watch?list=PLE8F3704B1C8C5ED7&v=nwlojpG9IHk>

as you watch the video there are opportunities to click into detailed stories:

1. Why Emily in Kenya is hungry for Change:(marketing issues) - video: (1min. 40 secs.)  
[http://www.youtube.com/watch?v=WvK\\_RAcDtZ8](http://www.youtube.com/watch?v=WvK_RAcDtZ8)
2. Why Sabita in Bangladesh is hungry for change: (empowering women to adapting to climate change) - video (1 min. 50 secs.)  
[http://www.youtube.com/watch?feature=player\\_embedded&v=gGNmfUWidQE](http://www.youtube.com/watch?feature=player_embedded&v=gGNmfUWidQE)
3. Why Fidel in El Salvador is hungry for change: (concerned to secure local seed varieties despite pressure from global corporations' hybrid and GM seeds) – video: (1 min. 24 secs)  
<http://www.youtube.com/watch?v=ik9Kkkzd4dY#t=38>
4. Myths and realities about the global food system: video (1 min. 33 secs. )  
<http://www.youtube.com/watch?v=n05NiPkxpGU>
5. Communities taking action in Britain: (features Live Simply and more) – video:(3 mins.56 secs.)  
<http://www.youtube.com/watch?v=EuyOVW0SKX4#t=30>

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Here is a list of printed resources from CAFOD's website:

<http://www.cafod.org.uk/Campaign/Get-clued-up/Food>

Tuck in to the facts, stories and issues behind the *Hungry for change* campaign, find out what CAFOD is calling for and how you can take action for a fairer food system.

To help get your whole community to take action, email [campaigns@cafod.org.uk](mailto:campaigns@cafod.org.uk) or call 020 7095 5692 to order a printed copy of the guide (CAF2482) as well as Hungry for change action cards (CAF2385)

You can download most of these as PDF files

1. [Hungry for change: Quiz \(142 kB\)](#)

Get people thinking about who goes hungry, why and what we can do about it.

2. [Hungry for change: Posters \(4 MB\)](#)

Two full colour posters (portrait) to help you promote the campaign in your parish, school or community group.

3. [Hungry for change: FAQs \(157 kB\)](#)

Answers to all your tricky questions about the *Hungry for change* campaign.

4. [Hungry for change: References \(511 kB\)](#)

References for all the quotes, statistics and facts used in the *Food for thought* guide

5. [Hungry for change: Food system infographic \(1 MB\)](#)

How does our food reach our plates? This graphic explains the global food system - and shows why we need to take action to change it. Can be printed out onto A3 paper to display as a poster.

6. [Hungry for change: Food for Thought guide \(4 MB\)](#)

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### Campaign resources for children and young people

1. [Food starter activities](#)

A selection of our shorter activities, or resources that can easily be shortened, if you have a limited amount of time. Suitable for KS3 and KS4.

2. [Hungry for change action for children](#)

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*MORE THAN ENOUGH?*

Resources for 2013

Inspire children in this Year of Faith to take action and join our call for a fair food system.

3. [Food in scripture and Catholic Social Teaching \(239 kB\)](#)
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Use these Bible verses on the theme of food as a stimulus for discussion or when planning prayer times or liturgy.

4. [Hungry for change guide for young people \(5 MB\)](#)
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Guide and activity to engage young people with our Hungry for change campaign. Inspire them to join our call for a fair food system and an end to global hunger.

5. [Food and hunger: causes, consequences and case studies \(2 MB\)](#)
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**Hungry for Change Primary School Childrens' Activities** (designed for schools but parts could be adapted for use at events):

<http://www.cafod.org.uk/Media/Files/Resources/Primary/Resource-collection-files/Children-s-campaign-guide> :

includes:

- Campaign guide (pdf)
- Makuu' story (PowerPoint)

Both are suitable for KS2, and could be adapted for KS1.

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